

Discontinue **one week** before appointment or as soon as possible if less than 1 week:

(Antihistamine/Decongestant)
(Oral and Nasal)

Actifed	Hydroxyzine
Advil PM	Ipratropium
Alavert	Isolcor
Allegra	Kronofed
Allegra D	Levocetizerine
Amitriptyline	Loratadine
Astelin	Marax
Astepro	Mucinex Allergy
Atarax	Mucinex D
Atrohist	Naldecon
Atrovent	Naldelate
Azelastine	Nolahist
Benadryl	Novahistine
Bromfed	Olopatadine
Ceterizine	Optimine
Chlorpheniramine	Patanase
Chlortrimeton	Perracin
Clarinetx	Phenergan
Claritin	Polihistine
Claritin D	Rondec
Cornhist	R-Tannate
Cyproheptadine	Ru-Tuss
Deconamine	Ryna 12 S
Desloratidine	Rynatan
Dimetane	Semprex
Dimetapp	Tavist
Diphenhydramine	Traminic
Doxepin	Tylenol PM
Dramamine	Vistaril
Dymista	Xyzal
Excedrin PM	Zyrtec
Flexofenadine	Zyrtec D

Vitamins, Herbal Medicines &
Homeopathic Medicines

Discontinue **3-5 days** before appointment or as soon as possible if less than 5 days:

(Stomach medications)

Axid	Pepcid	Tagamet
Cimetidine	Ranitidine	Zantac
Famotidine	Reglan	

Do not use **the day of** the appointment

(Anti-Inflammatory/Pain Medication)

Acetaminophen	Excedrin	Naproxen
Advil	Floracet	Orudis
Aleve	Ibuprofen	Relafen
Aspirin	Imitrex	Tylenol
Butalbital	Indocin	
Celebrex	Midrin	
Esgic	Motrin	

(Nasal Sprays)

Beconase	Nasalcrom	Qnasl
Flonase	Nasalide	Rhinocort
Flunisolide	Nasarel	Triamcinolone
Fluticasone	Nasonex	Veramyst
Nasacort	Omnaris	Zetonna

(Eye Drops)

Acular	Claritin	Naphcon
Alamast	Elastat	Opcon
Alaway	Emadine	Oplivar
Alocril	Epinastine	Pataday
Alomide	Ketofen	Patanol
Azelastine	Lastacaft	Zaditor
Bepreve	Livostin	Zyrtec

Topical Steroids,
Cortisone Creams & Ointments

Do not use **the day of** the appointment
ASTHMA MEDICATIONS:

(Inhaled Steroids)

Advair	Asmanex	Pulmicort
Aerobid	Beclovent	Symbicort
Aerospan	Dulera	QVAR
Alvesco	Flovent	

(Inhaled Bronchodilators)

Albuterol	Metaproterenol
Atrovent	ProAir
Brethaire	Proventil
Combivent	Serevent
DuoNeb	Spiriva
Foradil	Ventolin
Maxair	Xopenex
Ipratropium	

(Oral Bronchodilators)

Albuterol	Terbutaline	Vospire ER
Metaproterenol	Ventolin	
Primatene	Volmax	

(Oral Steroids)

FloPred	Orapred	Prednisolone
Medrol	Pediapred	Prelone

(Oral Theophylline)

Theo-24	Uniphyll
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(Leukotriene Modifiers)

Accolate	Singular
Montelukast	Zyflo